

441/1

NAME..... INDEX NO.....

SIGNATURE.....DATE.....

ASUMBI GIRLS HIGH SCHOOL

POST -MOCK 1

AUGUST/SEPTEMBER

2022

AUGUST / SEPTEMBER - 2022

HOME SCIENCE

PAPER 1

(THEORY)

2½ HOURS

INSTRUCTIONS TO CANDIDATES

- This paper contains 3 sections: A, B and C
- Answer **ALL** questions in section A and B and choose any **TWO** from section C
- Write your name and admission number in the spaces provided above.
- Sign and write the date in the spaces provided above.
- All answers should be written in the spaces provided on the question paper.
- Candidates should answer the questions in English.

For official Use Only

SECTIONS	QUESTION	MAX. SCORE	ACTUAL SCORE
A	1 – 30	40 MARKS	
B	31	20 MARKS	
C	32,33,34	40 MARKS	

TOTAL	
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This paper consists of 16 printed pages. Candidates should check the question paper to ascertain that all the pages are printed as indicated and no questions are missing.

SECTION A: (40 MARKS)

Attempt ALL questions in this section. Write answers in the spaces provided

1. Point out two non-decorative patches in repair of clothes and household article (1 mark)

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2. Note down two effects of deep-frying protein foods without coating (2 mark)

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3. Give two measuring tools in needlework. (1 mark)

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4. Point out the major difference between cotton and wool viewed under a microscope (1 mark)

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5. Explain the meaning of the term dredge as used in flour mixtures (1 mark)

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6. Give two uses of salt in laundry work (1 mark)

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7. What is consumer education (1mark)

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8. Outline two major signs of goiter (1 mark)

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(1 mark)

9. Suggest two other methods of storing clothes and household linen apart from folding

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10. State two factors that make biogas an unpopular fuel. (2 mark)

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11. Give two reasons for serving water in a meal (2 mark)

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12. Outline two advantages of using a potato peeler over a kitchen knife. (2 mark)

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13. Give two suggestions for painting your ceiling boards with a light colour. (2 mark)

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14. State two advantages of choosing boiling as a method of cooking (1 mark)

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15. Explain how preservation is achieved through smoking (1 mark)

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16. Outline two ways of achieving shirring in disposal of fullness (1 mark)

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17. Give two disadvantages of prolonged use of convenience foods (1 mark)

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18. List two ways of saving time and energy during cooking. (2 mark)

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19. Describe how to take hip measurements (2 mark)

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20. What is rinsing as used in laundry work (1 mark)

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21. Point out two uses of temporary stitches in clothing construction (1 mark)

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22. Name two special treatments done before final rinsing (1 mark)

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23. State two disadvantages of using powdered formulae to feed the baby (2 mark)

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24. Give two factors that determine the length of a skirt (1 mark)

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25. Give two sources of natural food poisoning (1 mark)

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26. List two qualities of a good girls' teddy bear (2 mark)

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27. State two methods of attaching collars (1 mark)

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28. Outline two uses of interfacing (1 mark)

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29. Give two reasons why soaking of wooden handled Knives is discouraged. (2marks)

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30. Name two components of a two-course meal. (1 mark)

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SECTION B: _____ (20 MARKS) Compulsory

Today is your cleaning day;

31. a). Launder a white cotton tea towel (9 mks)

b) launder a loose coloured shirt . (8 mks)

c) Outline steps to follow when cleaning water glasses (5 marks)

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SECTION C: (40 MARKS)

Answer any TWO questions from this section in the spaces provided at the end of this section.

- 32.a) (a) State reasons for including vitamin C (Ascorbic acid) in our diet daily. (4 marks)
- b) Negative effects of advertisement to the consumer (4 marks)
- c) Giving a reason, mention four blood tests carried out in an antenatal clinic (4 marks)
- d) Mention four ways through which an individual may suffer from anaemia. (4 marks)
- e) Describe four methods used to transfer pattern markings (4 marks)

- 33.a) You are giving a talk on care of invalids. Give four points you would include on preventive measures (4 marks)
- b) Explain four points importance of preparing a shopping list before going for shopping (4 marks)
- c) Identify four ways in which measles can be managed in infants. (4 marks)
- d) Give four benefits of vitamin B2 in the human body (4 marks)
- e) Balance points are matched with other similar ones. Point out four areas where they are likely to be put on a garment (4 marks)

- 34.a) Outline four factors to bear in mind when picking flowers to arrange (4 marks)
 - b) Explain the following terms as used in consumer education; (4 marks)
 - c) State four principles used when administering first Aid to a victim of poison (4 marks)
 - d) State and explain four nutrient conservation measures taken during food preparation before cooking (4 marks)
 - e) Use the pattern below to describe the working of an inverted pleat (4 marks)
- Include a clearly labelled diagram.

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